

CALIFORNIA

To locate a provider in California:

1. Go to www.wcfmpn.com
2. Search by address, name, or region

NON CALIFORNIA

Firsthealth.com

Click on 'Locate a Provider', then 'Locate a First Health Network Provider', select 'Hospital' or 'Urgent Care' and search by zip code. You have the option to print out the list, or 'create directory' which allows you to download a .pdf file, or email or fax the list you created.

Concentra.com

Click on 'Location Finder' at the top, type in a city & state and/or zip code, and then hit Enter. If you wish, you can export your list to Excel.

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