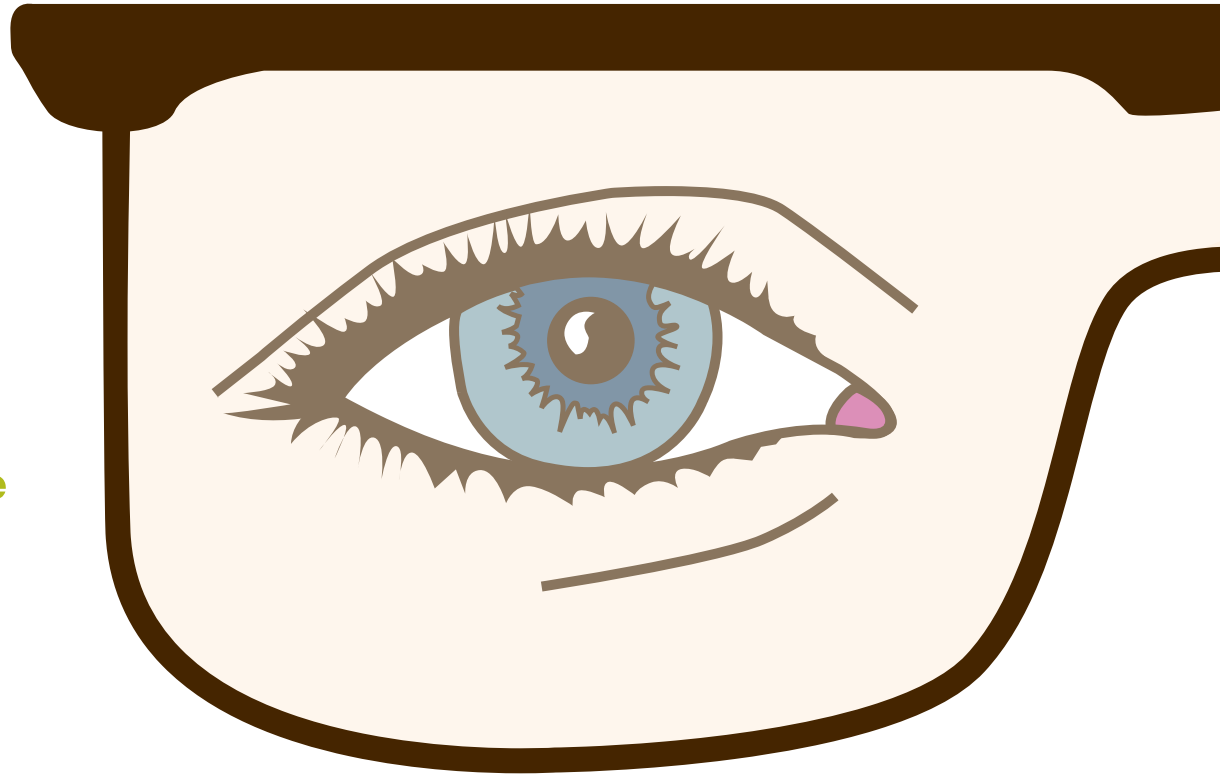


# EYE ON SAFETY

These first aid tips can help minimize the severity of eye injuries.



## FIRST AID TIPS

### PARTICLES IN THE EYE

- + Do not rub the eye.
- + Use an emergency eyewash and flush the eye copiously.
- + See a doctor if particle does not wash out or if pain or redness continues.

### CHEMICAL BURNS

- + Immediately flush out the eye with drinkable water. Open the eye as wide as possible and flush continuously for at least 15 minutes.
- + If a contact lens is in the eye, flush over the lens immediately. Flushing may dislodge the lens.
- + See a doctor immediately.

### CUTS, PUNCTURES, OBJECTS IN THE EYE

- + Do not wash out the eye.
- + Do not try to remove stuck objects.
- + Stabilize the eye with a rigid shield without putting pressure on the embedded object.
- + See a doctor immediately.

### BLOWS TO THE EYE

- + Apply a cold compress to the eye without pressure.
- + Crush ice in a plastic bag and tape it to the person's forehead so it rests gently on the injured eye.
- + See a doctor at once if pain continues, vision is reduced, blood is in the eye, or discoloration occurs.

*Information provided by NOISH*