You Can Make Yourself and Your Company Safer. What you are personally doing at work affects the safety of both you and your co-workers. Read below to see what you should do each day to keep yourself safe.

GUIDELINES

Ask yourself the following questions each morning to be sure to prepare properly for your day:

+ Will you need to wear personal protective equipment today?
+ Will you be working with any machinery that has machine guards?
+ Will you be working at heights and using a safety harness?

Once you’ve recognized the different safety measures you must take, keep track of every time you perform a positive safety behavior. Reward yourself for being proactive about safety. You can also help your company become a safer organization by participating in its safety program.

+ Participate in inspections.
+ Attend and get involved in safety meetings.
+ Make suggestions about safety during company meetings.
+ Report safety hazards.
+ Encourage your co-workers to make safety a priority.