

Hit Against An Object

Injuries in the workplace that involve being hit by and struck by objects and vehicles are common and can be fatal. To avoid struck by and hit against injuries, one should.

- Wear hardhats to avoid falling objects.
- Stack materials properly to prevent sliding, falling or collapse.
- Do not work under cranes, hoists or heavy machinery while it's being operated.
- Maintain visual contact with a helper.
- Have employees on jobsites and work yards wear high visible vests or shirts.
- Do not exceed a vehicles rated load or lift capacity.

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